

IV JORNADA GEPES

12-13 ABRIL, 2024 | VIGO

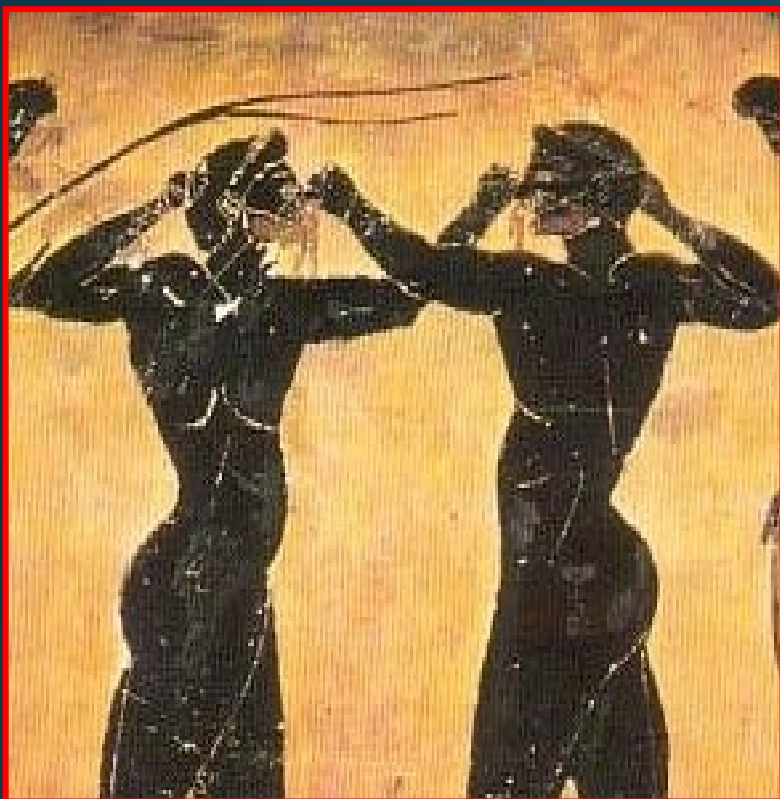


GRUPO DE
ESTUDIO DE LA
PATOLOGÍA DE
LA EXTREMIDAD
SUPERIOR

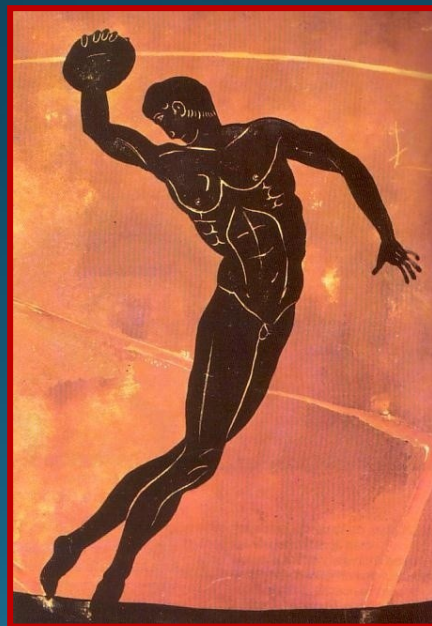
Lesiones del deporte
en la extremidad superior

La Evolución del Deporte y sus Consecuencias

Dr. Angel QUIRÓS INFIESTA



Epoca Imperio Romano



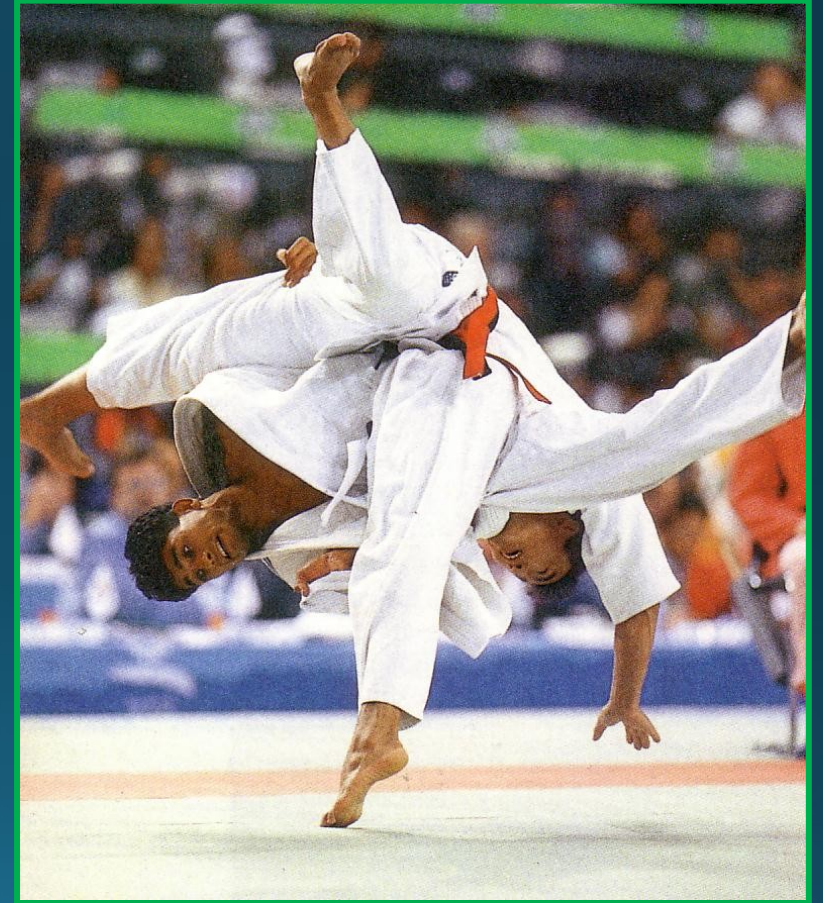
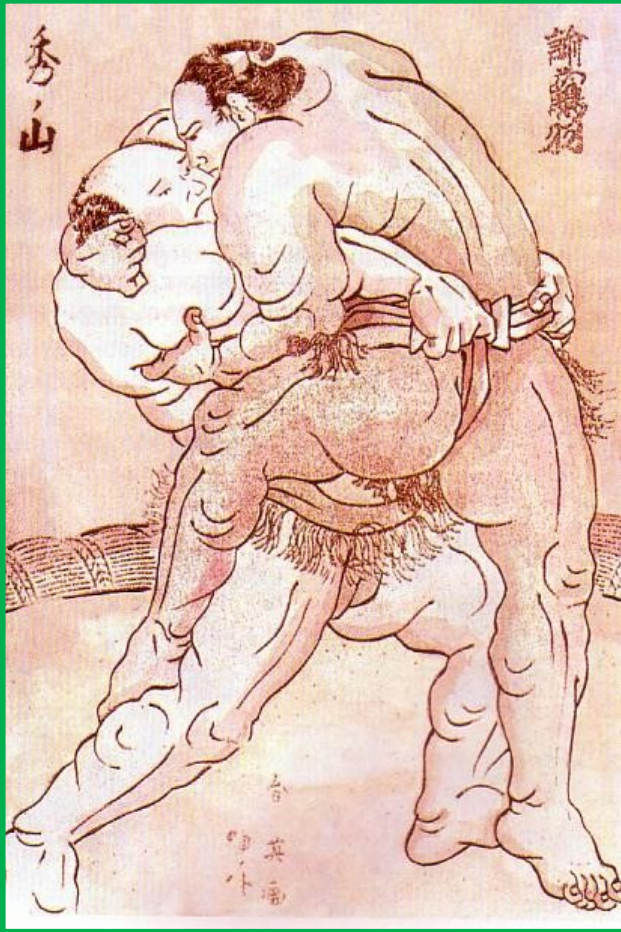
Soldados romanos
jugando a la pelota



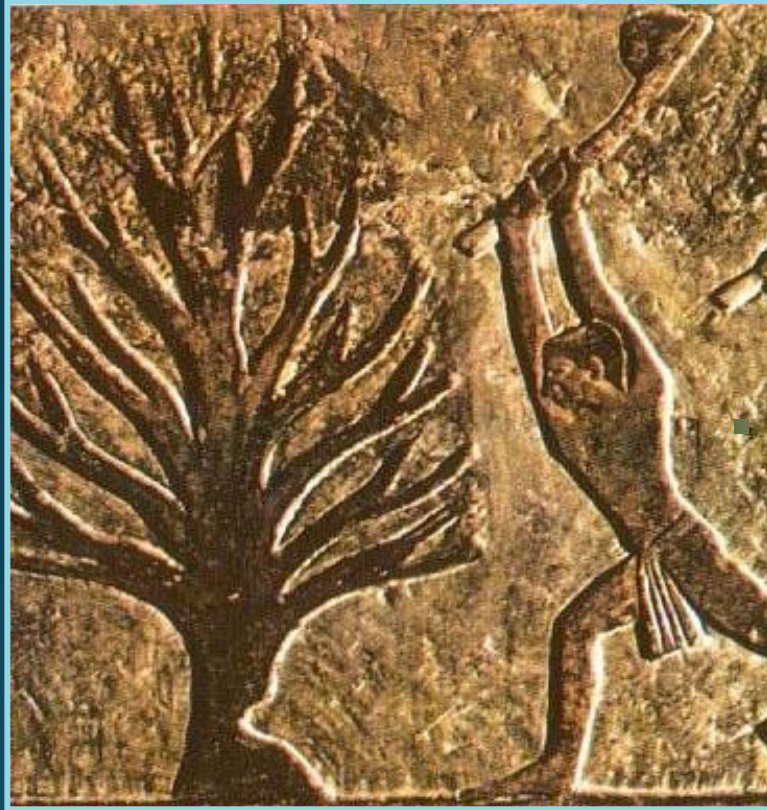
JUEGOS OLIMPICOS 776 a. C.



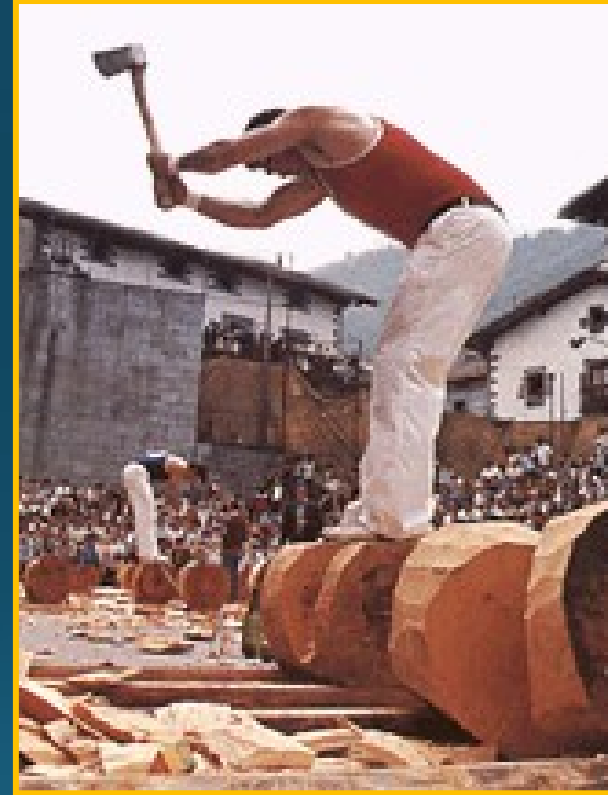
DEPORTES con RIESGO de LESIONES AGUDAS



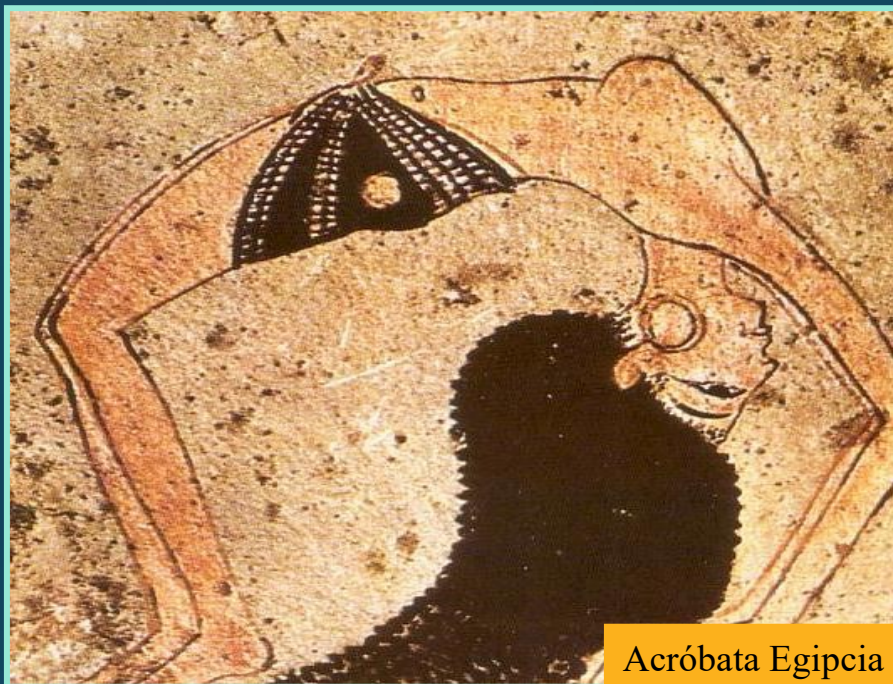
DEPORTES con RIESGO de LESIONES CRÓNICAS



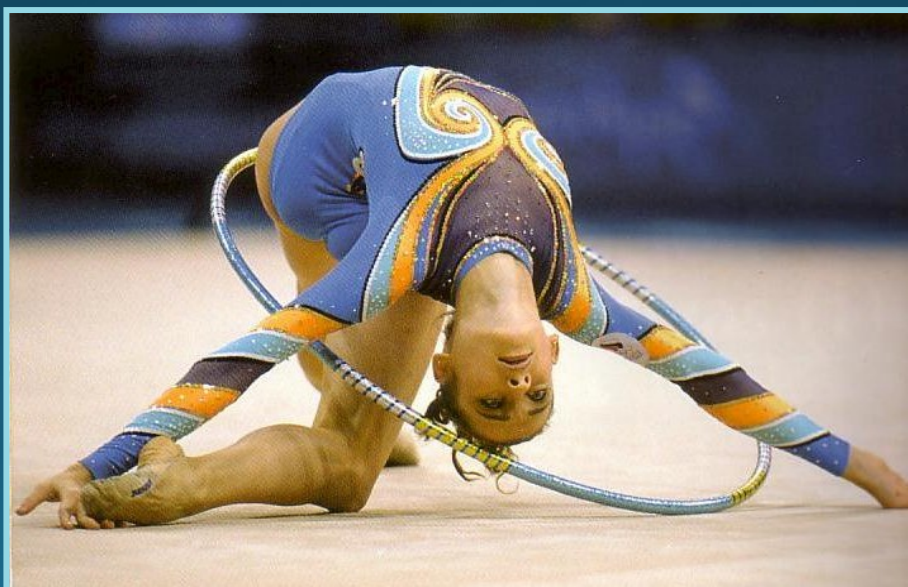
Talador egipcio

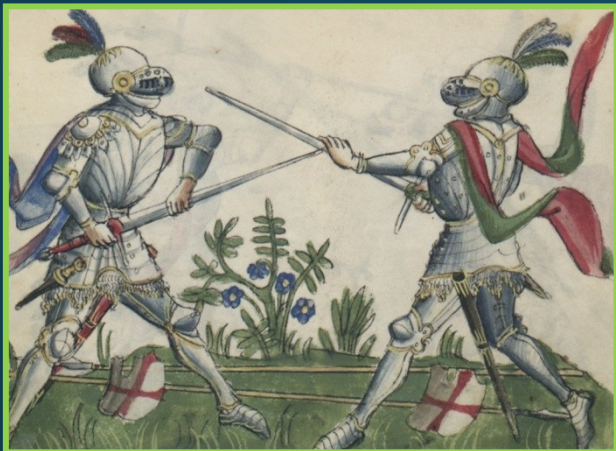


AIZKOLARI

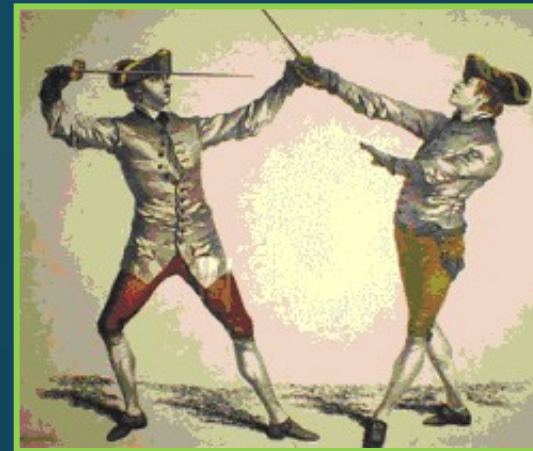


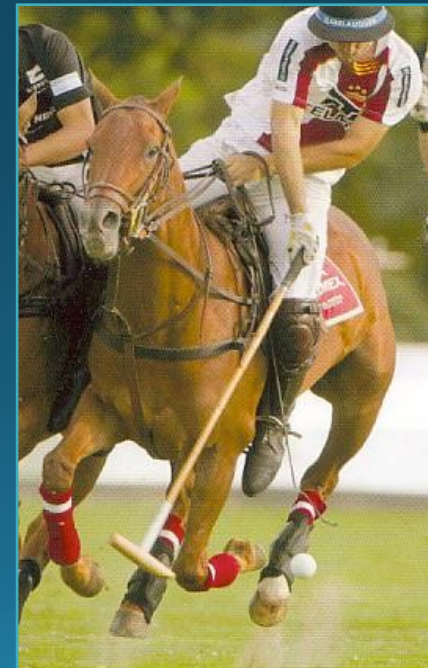
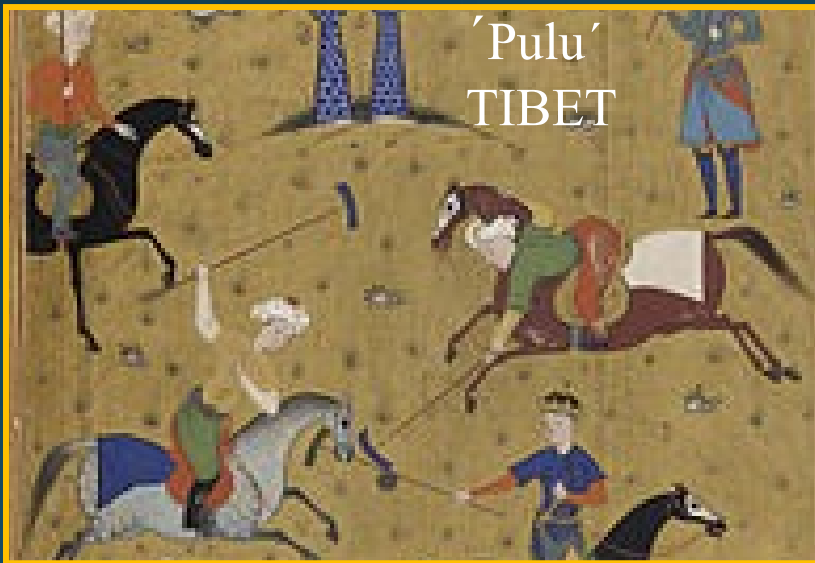
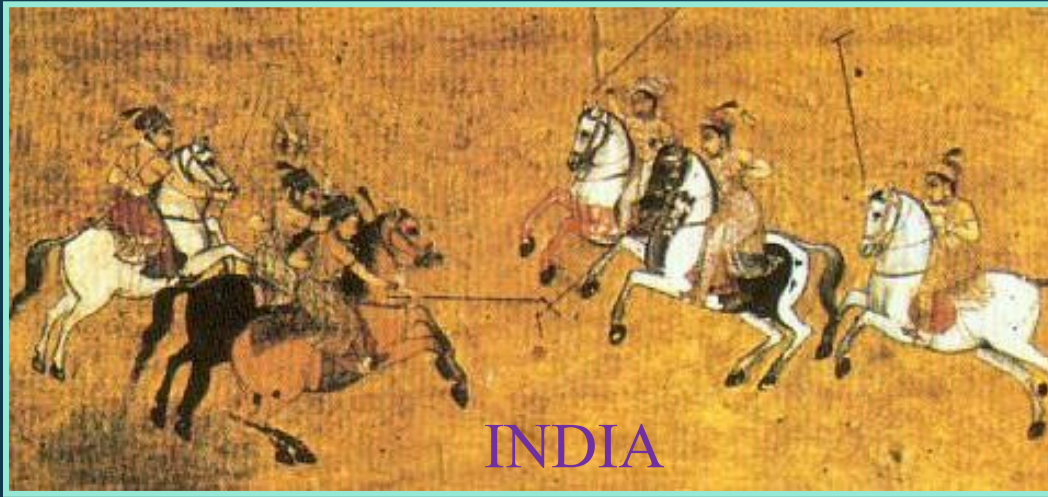
Acróbata Egípcia





ESGRIMA

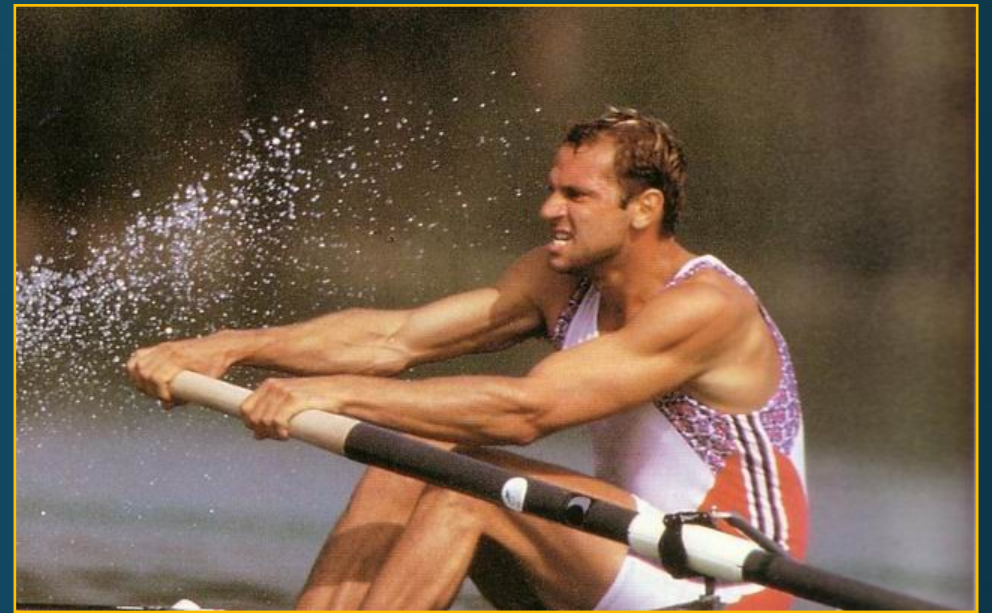


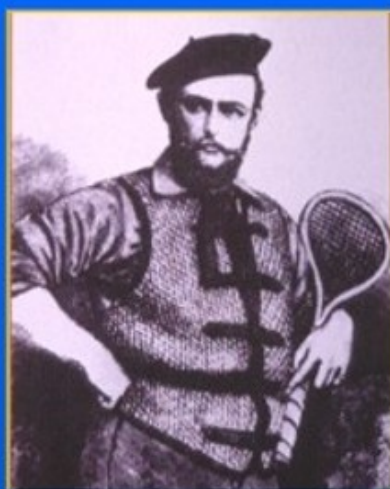




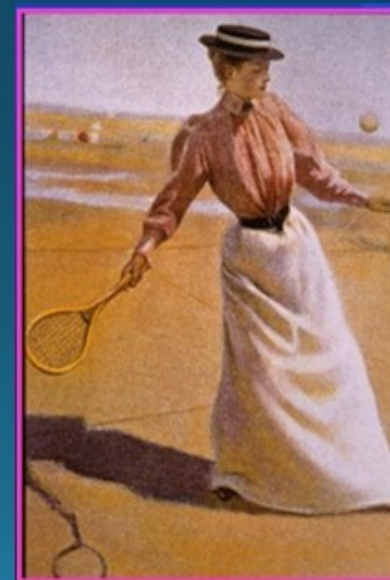
REMO

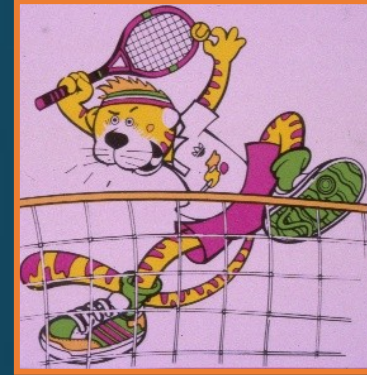
*rowing
wrist'*





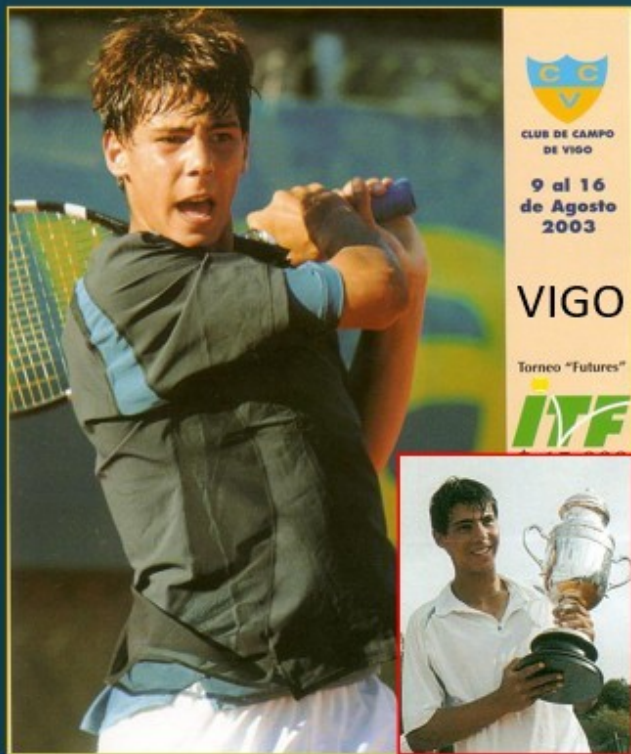
En 1870 Walter
WINGFIELD
establece el 1er
reglamento del
'Sphairistike'
Lo patenta en
1887 llamándolo
'Lawn-Tennis'



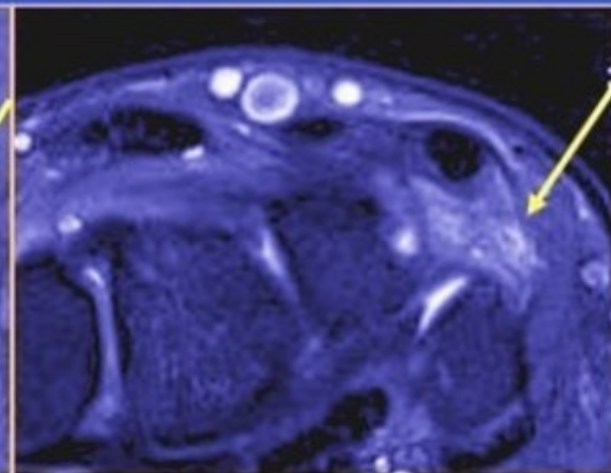
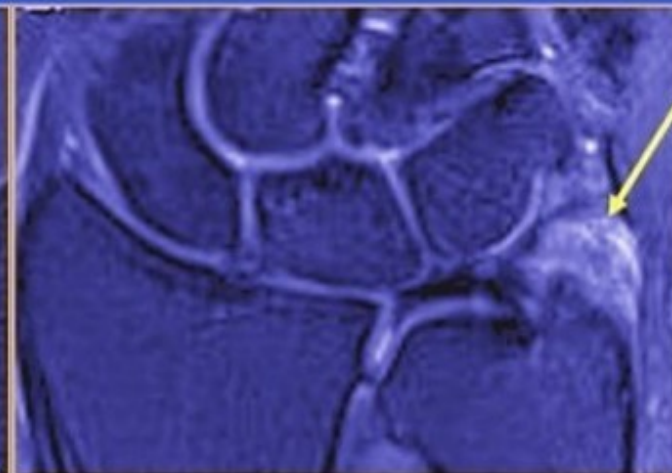


EMPUÑADURAS





ROLAND
GARROS







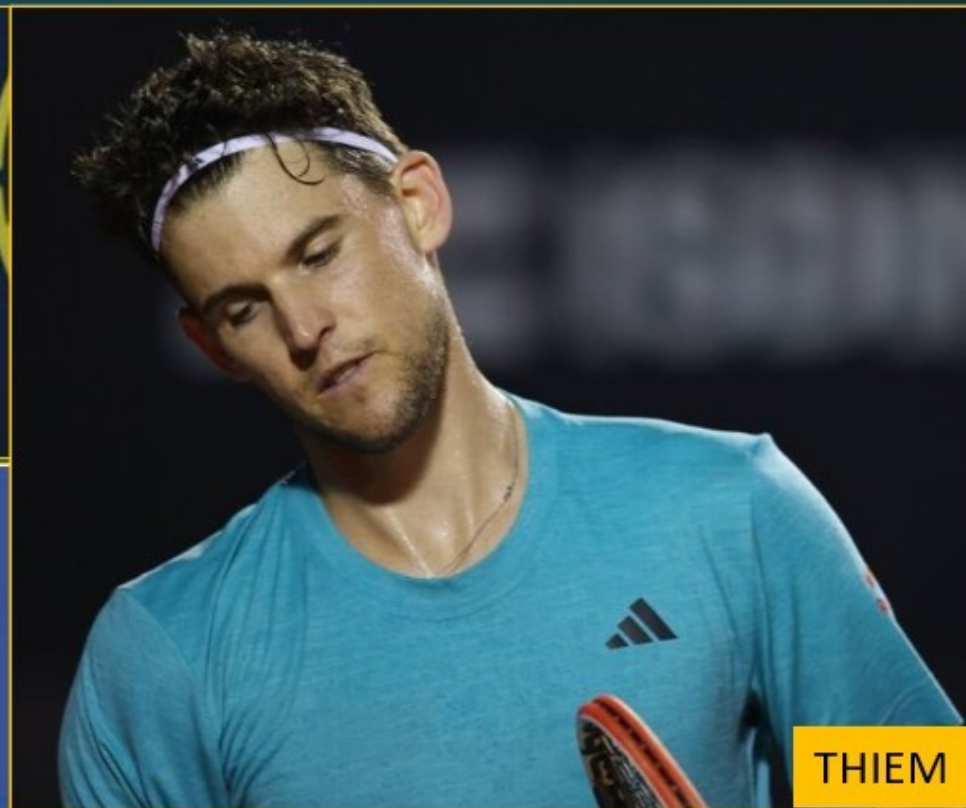
Montecarlo 2014



DJOKOVIC



KORDA



THIEM



Del Potro, de martirio en martirio

Tras operarse cuatro veces de las muñecas, el argentino pasará por cuarta vez en menos de tres años por el quirófano para reparar la rodilla derecha y llegar a los Juegos. No compite desde hace 643 días



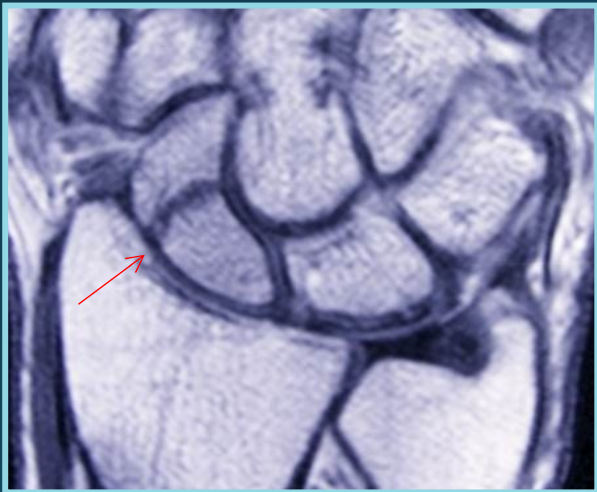
El término '*muñeca del tenista*' (*Tennis wrist*) debería reemplazar al Codo de Tenis (*Tennis elbow*) por su creciente frecuencia. La intensidad de los entrenamientos y de los partidos de competición, está cerca de requerir una capacidad sobrehumana.

Dr. Richard BERGER (MAYO CLINIC, Rochester – USA)



Carlos José Castilho, prefirió que le amputaran el meñique para poder jugar un campeonato mundial.

FRACTURAS 'OCULTAS': diagnóstico en la RM



ESCAFOIDES



**PSEUDOATROSIS
del ESCAFOIDES**

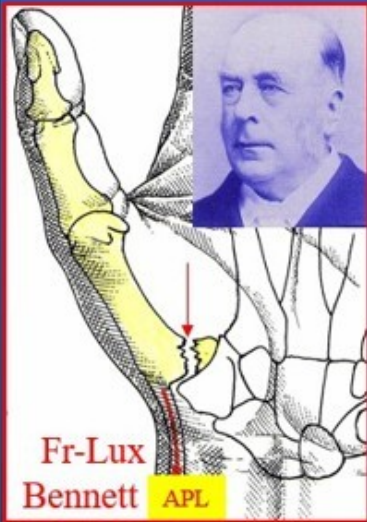


RAMALLETTS

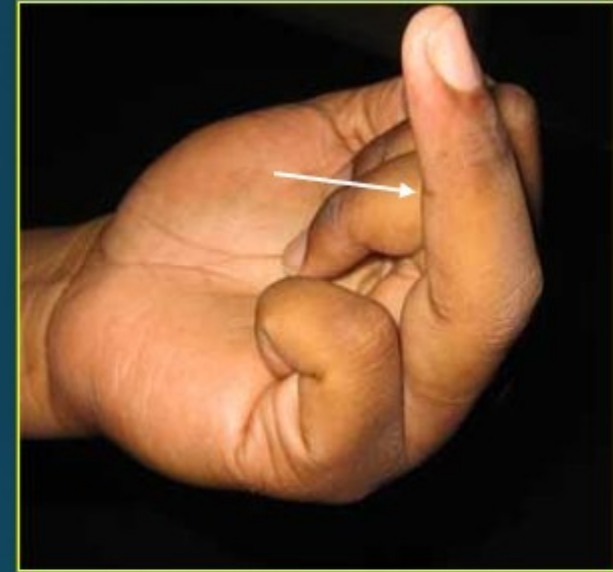
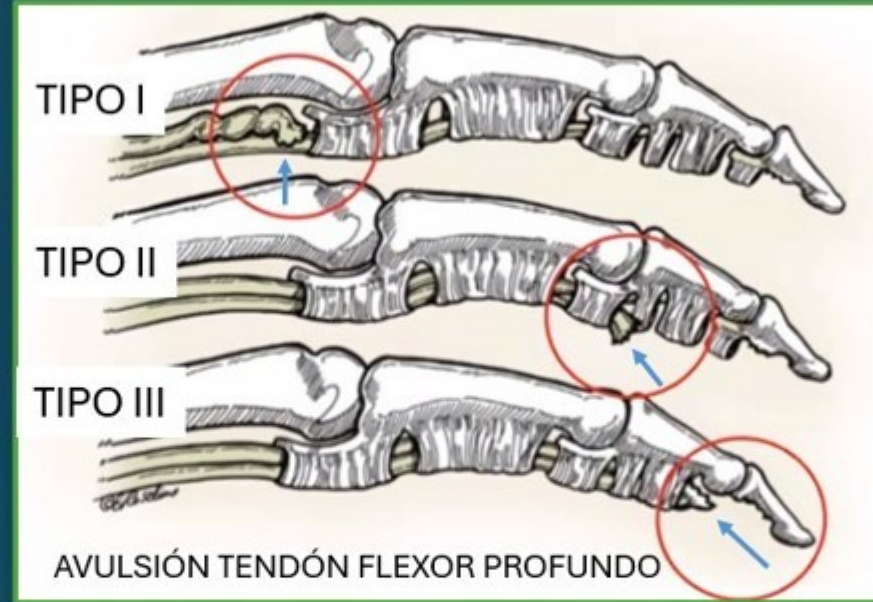


PALOP

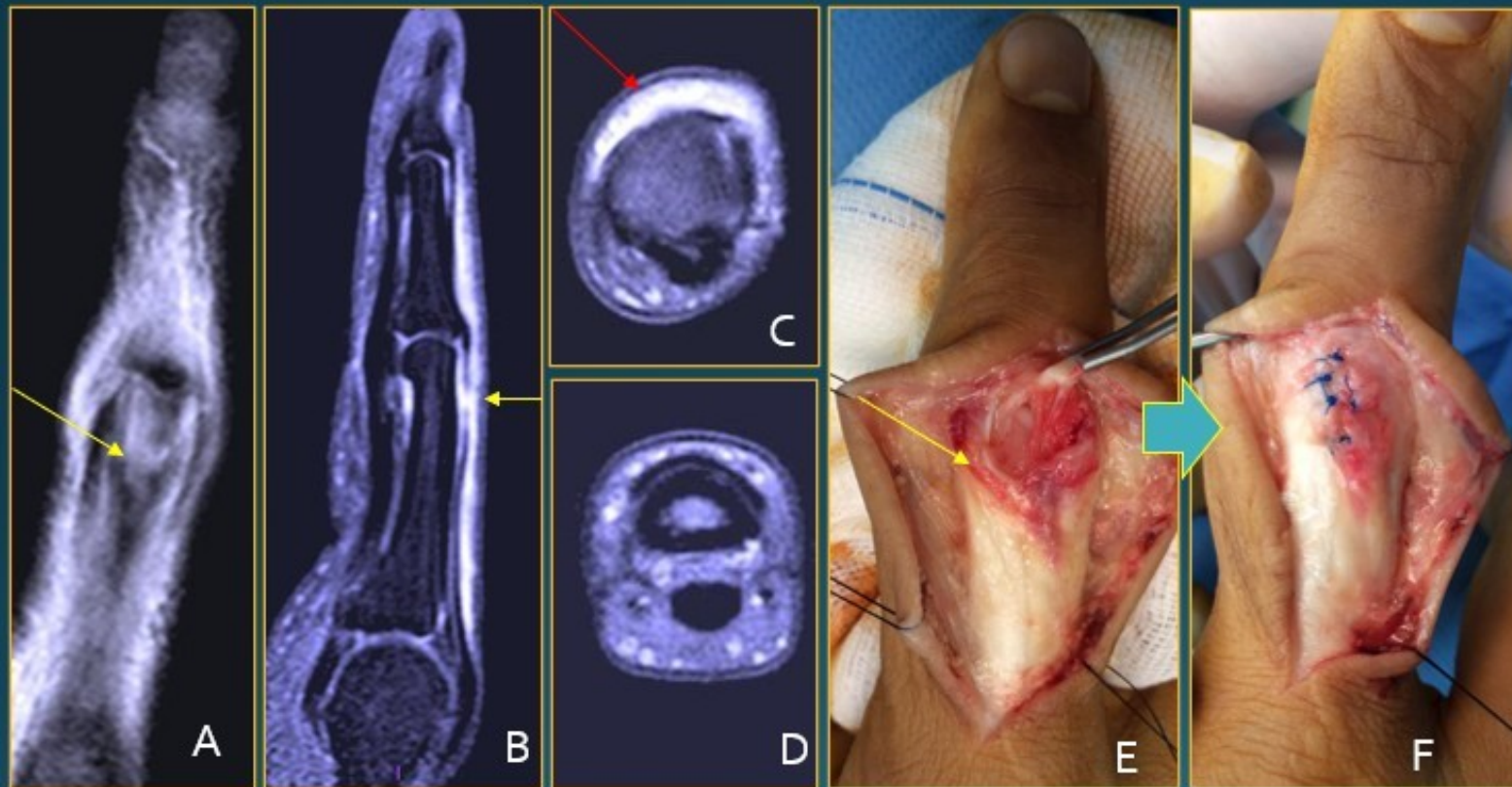
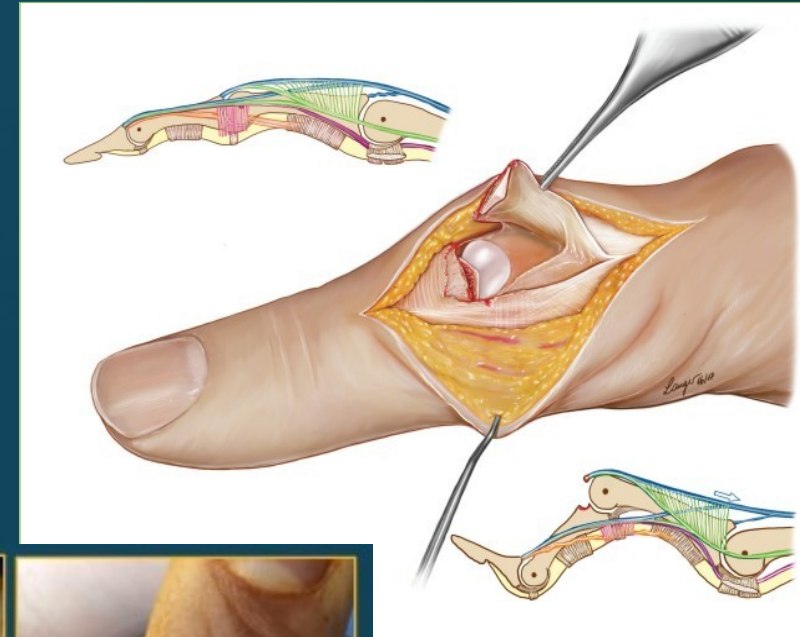
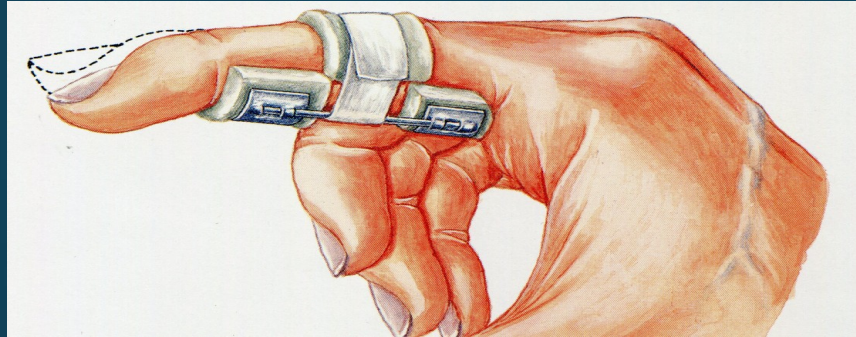
Fractura del Primer Metacarpiano



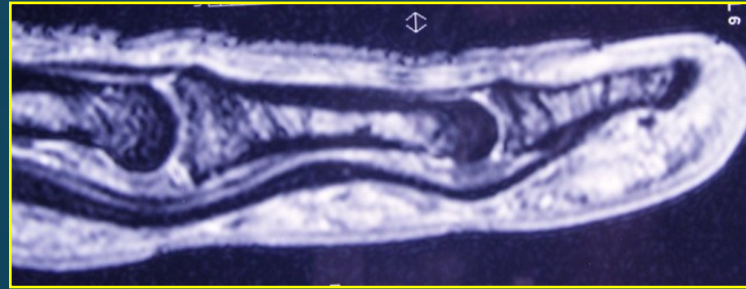
Lesiones por avulsión del tendón flexor profundo



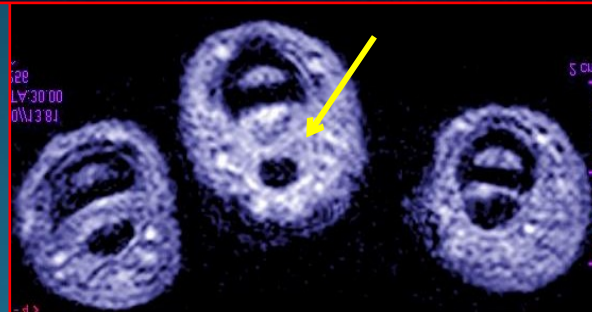
APARATO EXTENSOR de los dedos largos



BOLLEN *'Injury to the A2 pulley in rock climbing'* JHS Am, 1992, 17,200-5
SCHÖFFL *'Injuries to the finger flexor pulley system in rock climbers'*. JHS Am 2006,31



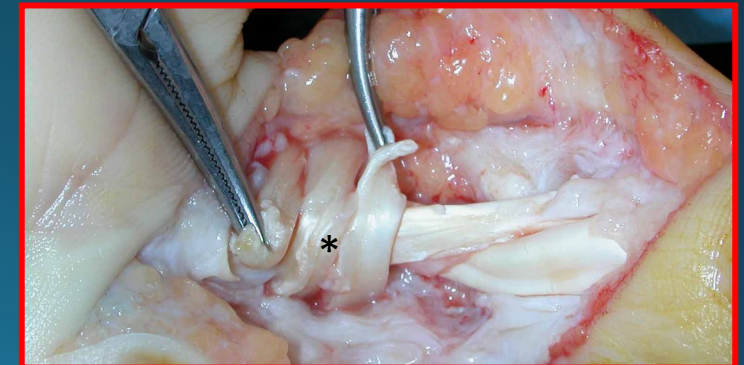
Dedo normal: flexores cercanos a las falanges

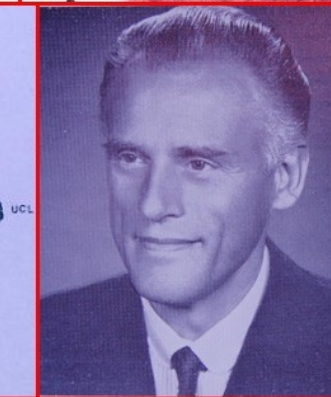
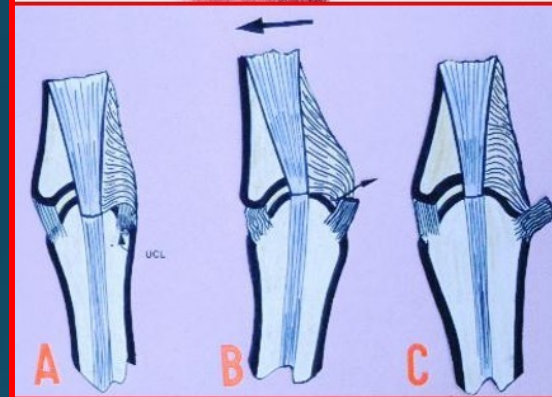
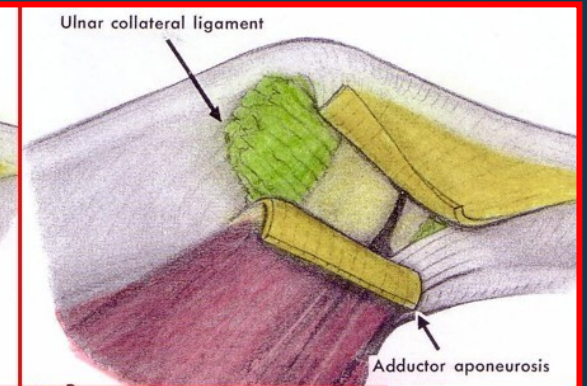
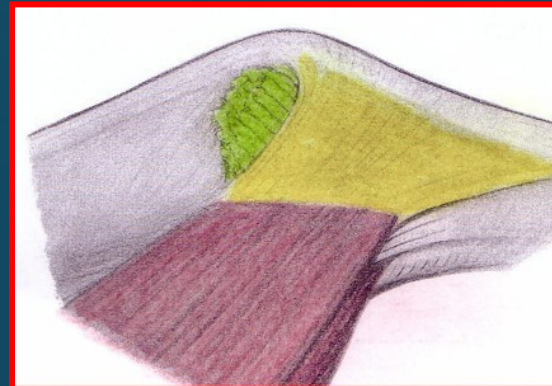
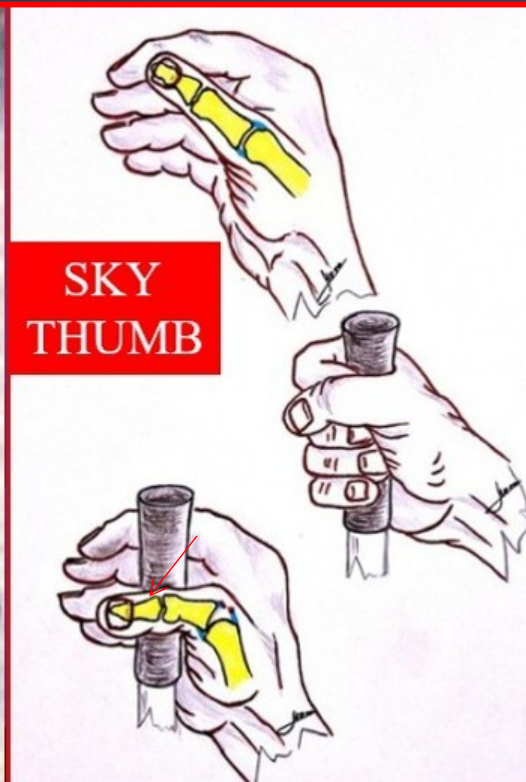


Rotura poleas = alejamiento de los tendones flexores de las falanges.



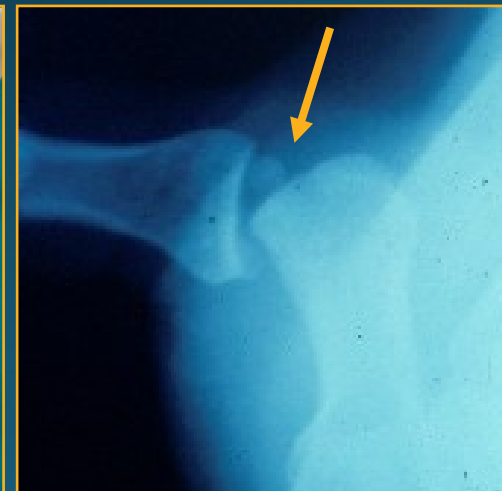
Reconstrucción de la polea *

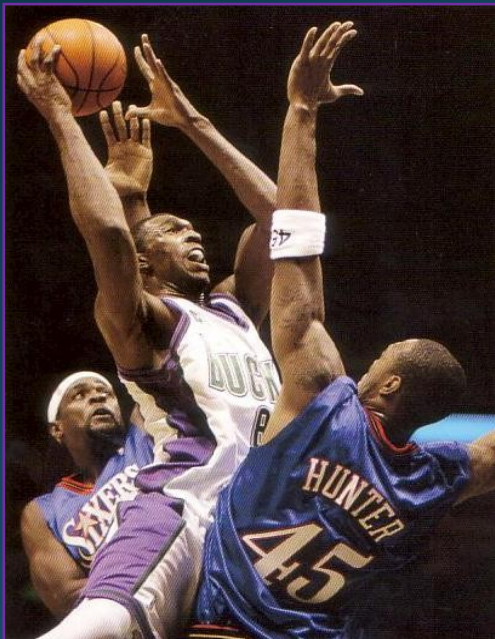
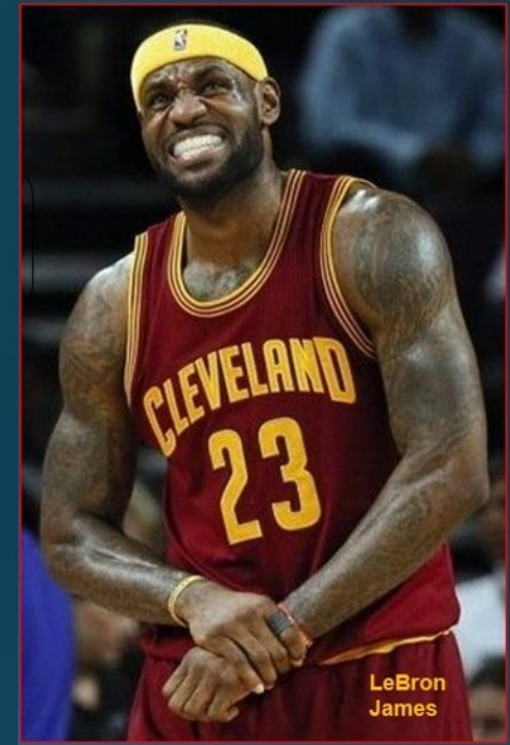
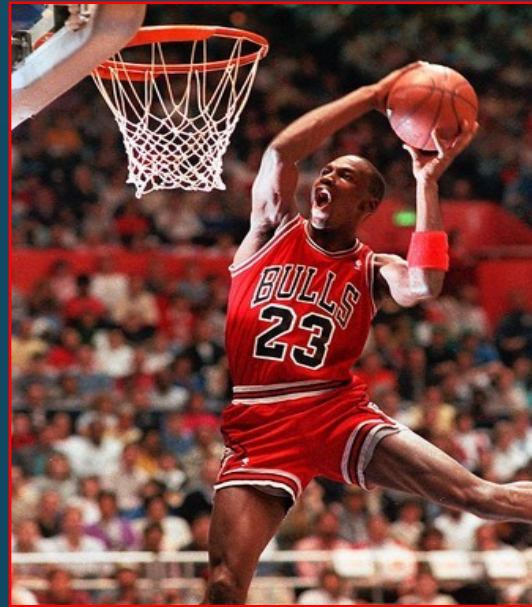




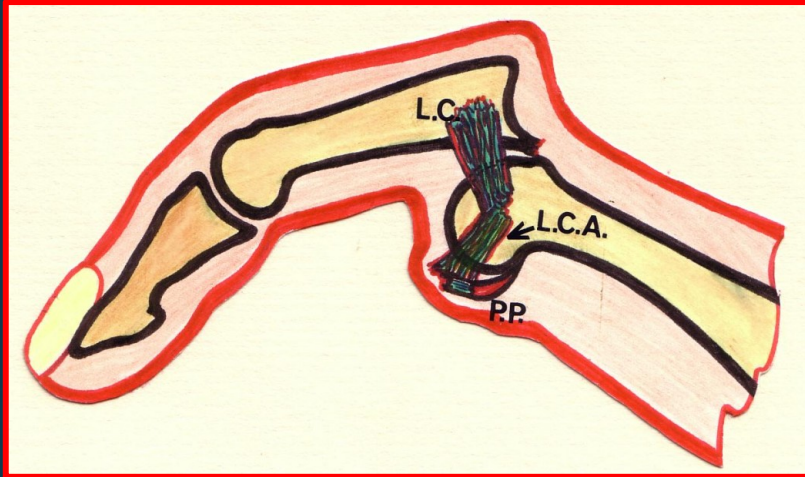
Bertil STENER
Goteborg

Lesión tipo STENER



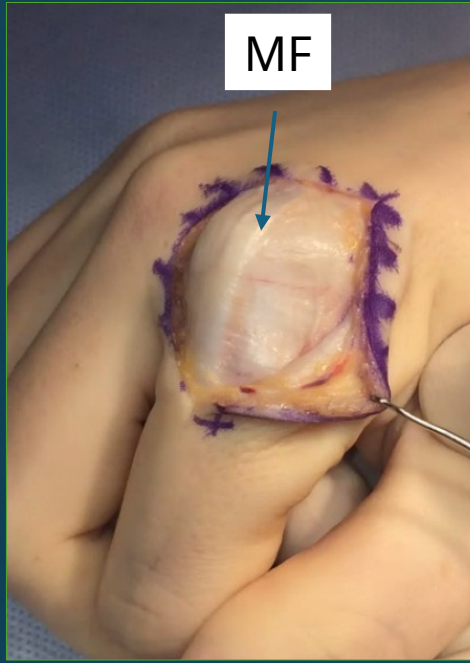
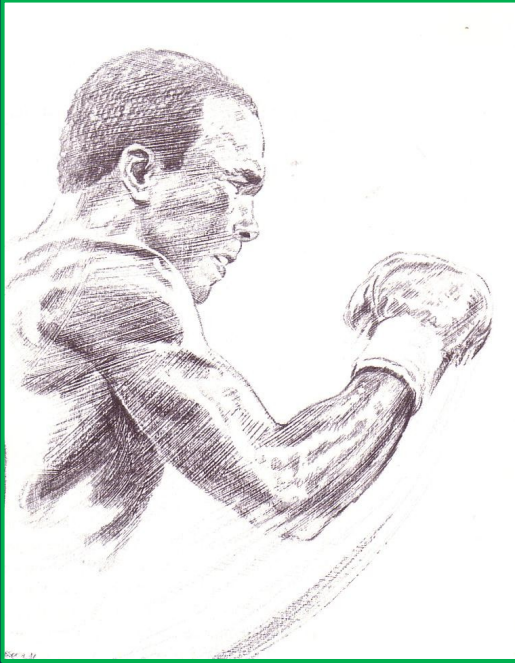


Luxación dorsal de la IFP

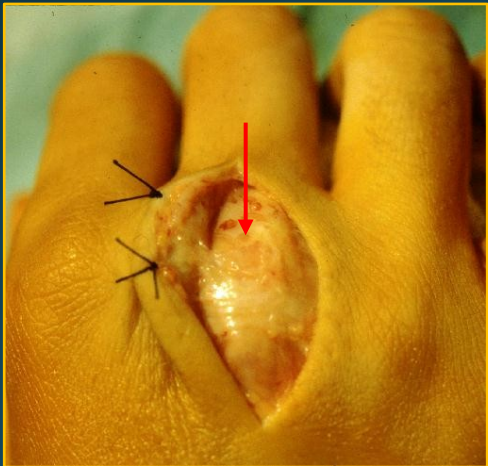
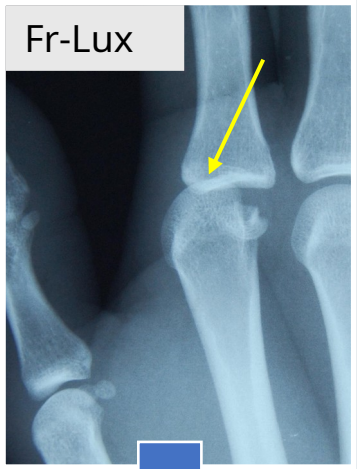
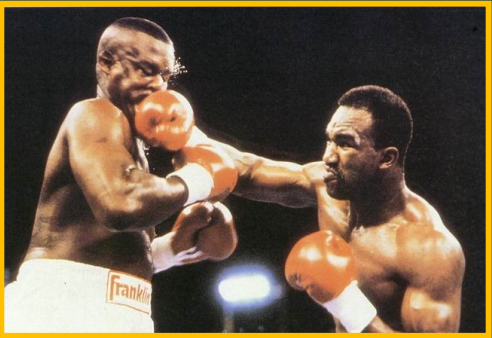


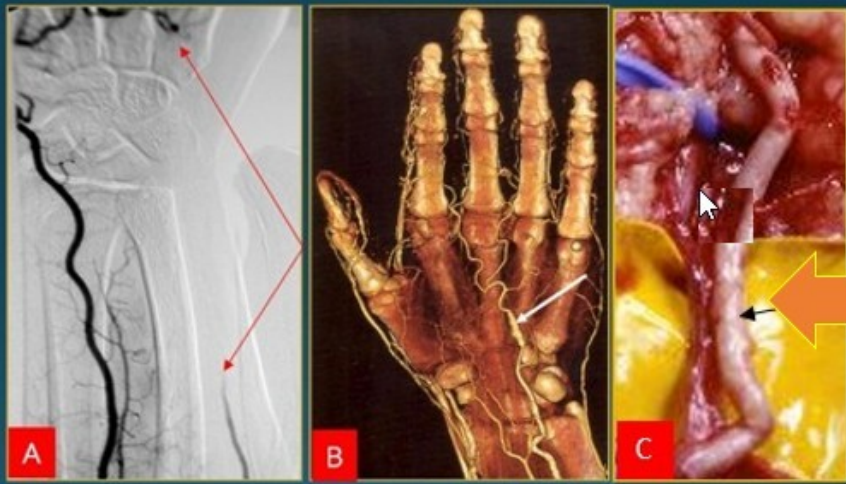
Luxación lateral de la IFP





FRACTURAS del Cuello y Cabeza de los Metacarpianos





Hypothenar hammer syndrome caused by playing tennis TAKASHI N et al. Eur J Endovascular Surgery 1966, 11. 240-2

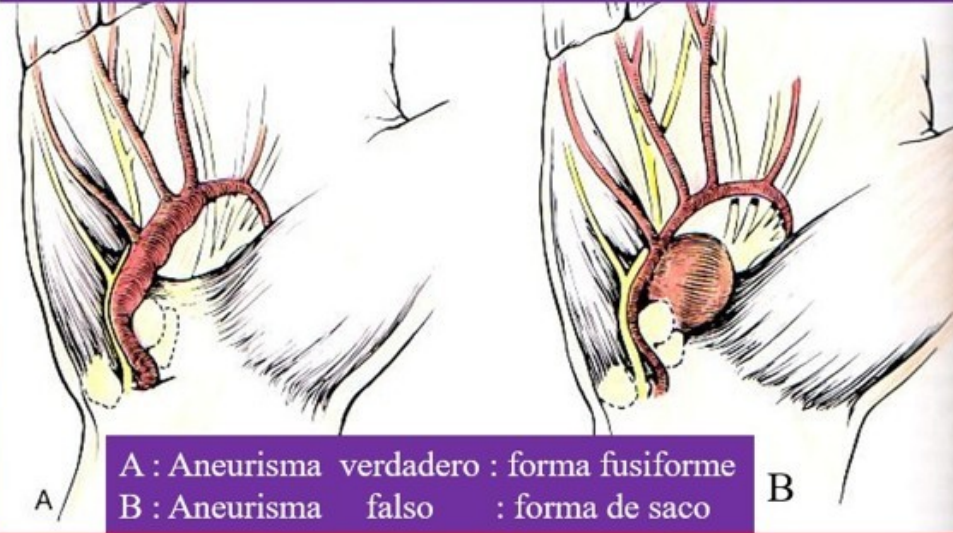
Trombosis del arco palmar superficial



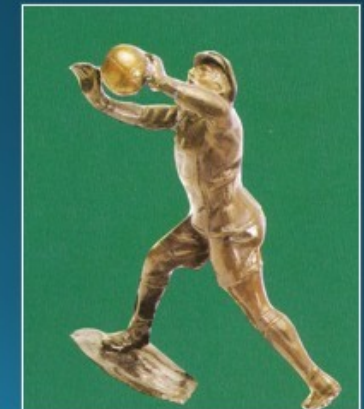
VAYSSAIRAT : 'Does karate injured blood vessels of the hand' Lancet, 1984, 1

1ª descripción de una trombosis post-traumática de la arteria cubital :
Von Rosen S. *Ein Fall von Thrombose in der Arteria ulnaris Nach Einwirkung von stumpfer Gewalt.* Acta Chir Scand. 1934, 73, 500-6

ANEURISMAS de la ARTERIA CUBITAL



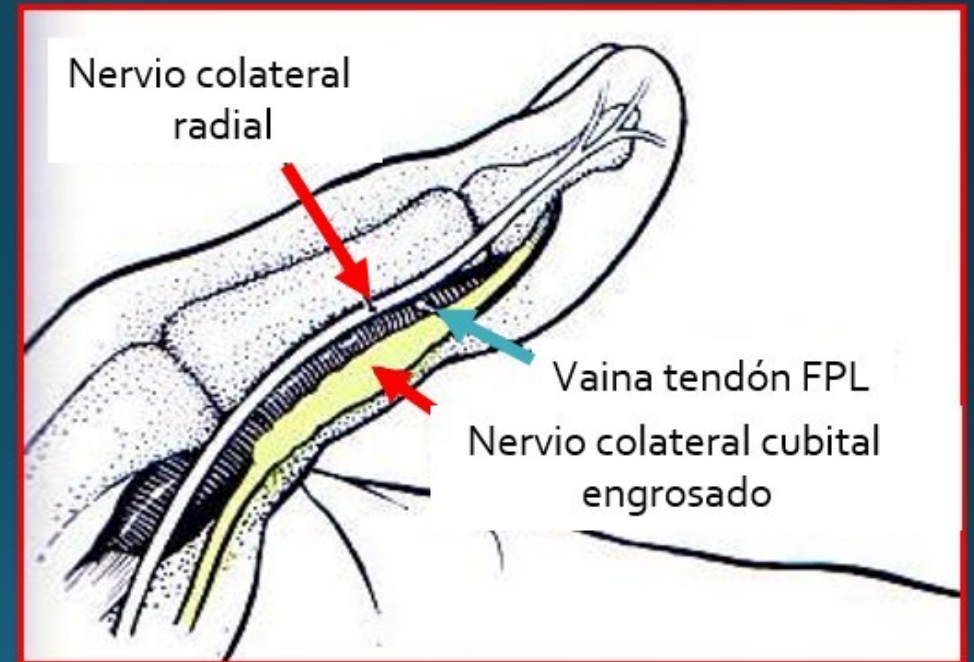
GALATI 'True aneurysm of the ulnar artery in a soccer goalkeeper'. Am J Sports Medicine, 2003, 31, 3:17-80



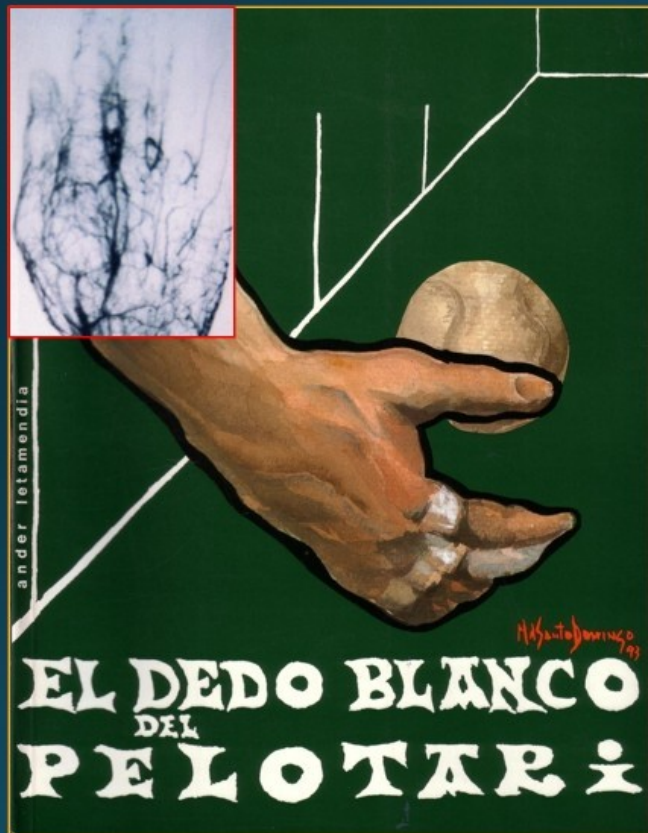
BOWLING-THUMB NEUROMA

Perineural Fibrosis of the Digital Nerve

Neuropatía por compresión del nervio colateral cubital del pulgar

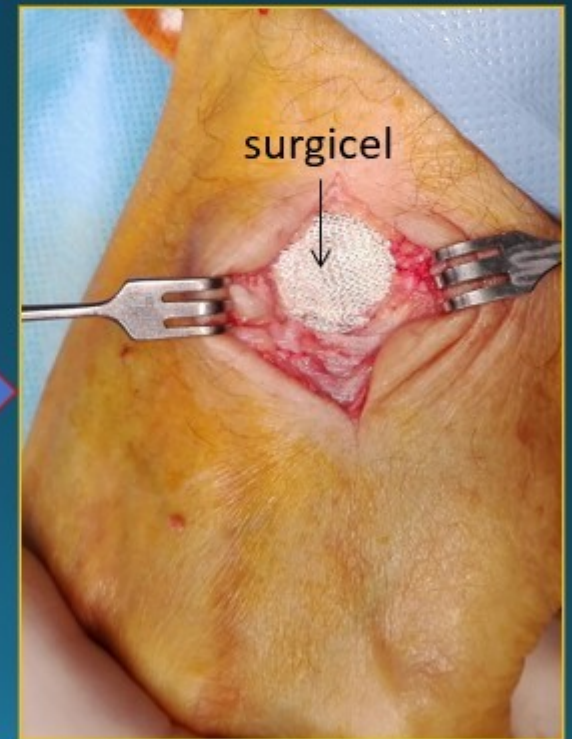
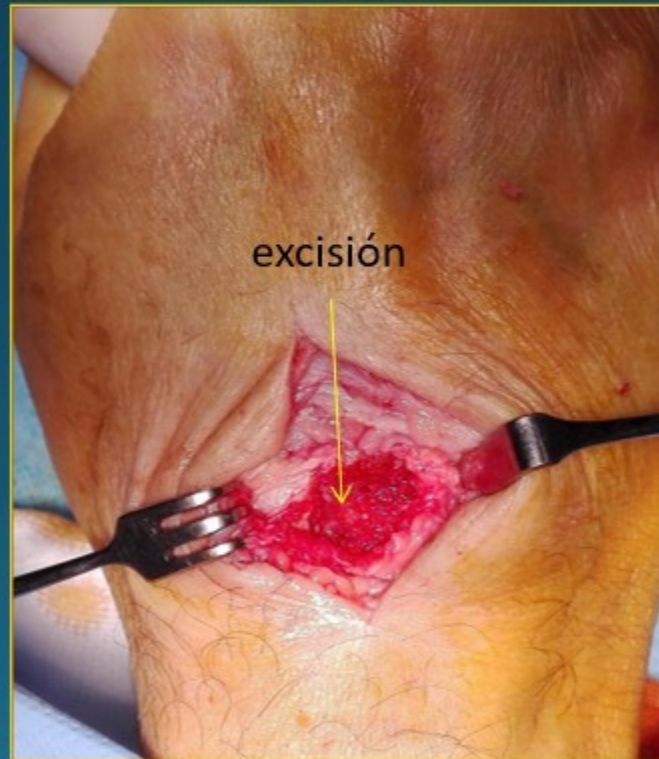
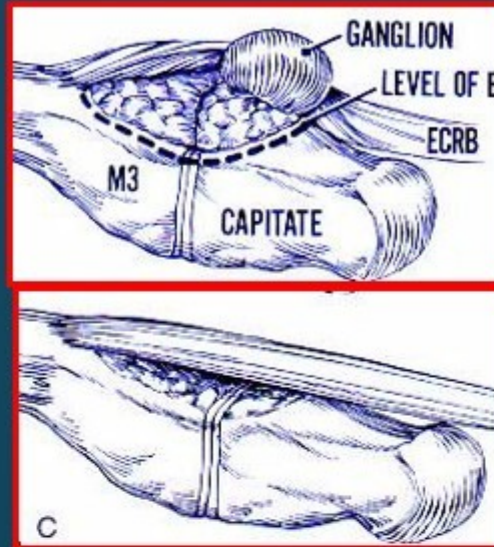
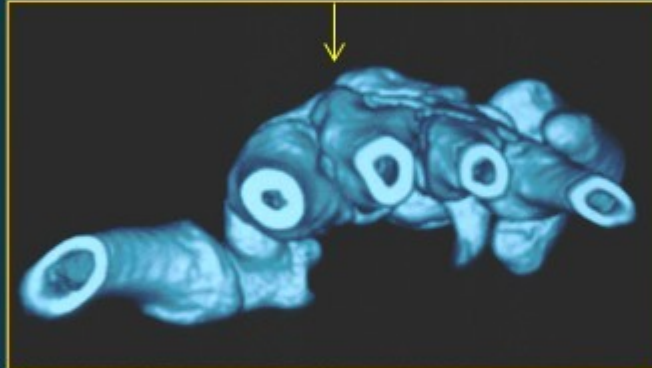


SIEGEL: 'Bowling-thumb neuroma' JAMA , 1965, 192 :263.



Edema de la mano de un pelotari

CARPAL BOSS : *osteofito carpo-metacarpiano.*



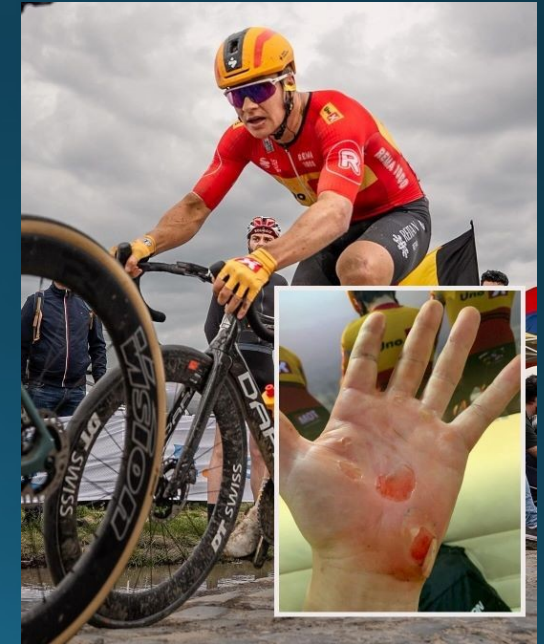
Neuropatía Cubital



pavés



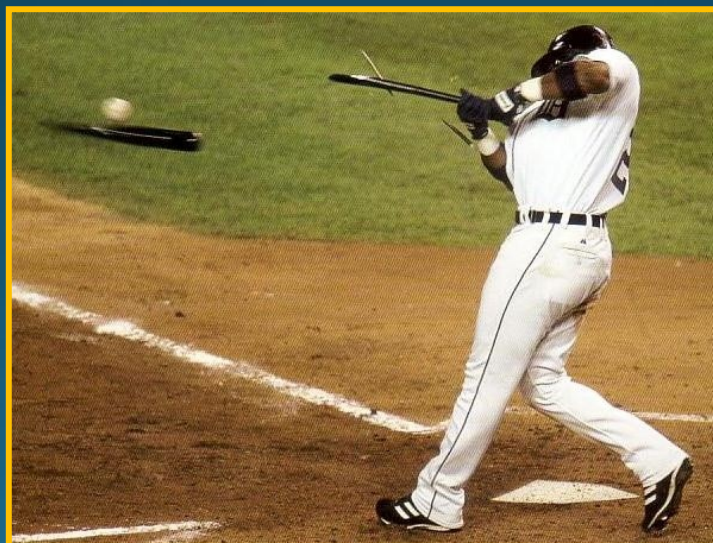
Nuevos diseños del manillar, evitando sobrecargar la muñeca



Dr. Marre :“Después de un largo recorrido, aparecen hormigueos(y hasta dolor y anestesia) en el meñique y eminencia hipotenar,por la compresión del Nervio Cubital”. Rev. Le Cycliste , 7, 1947



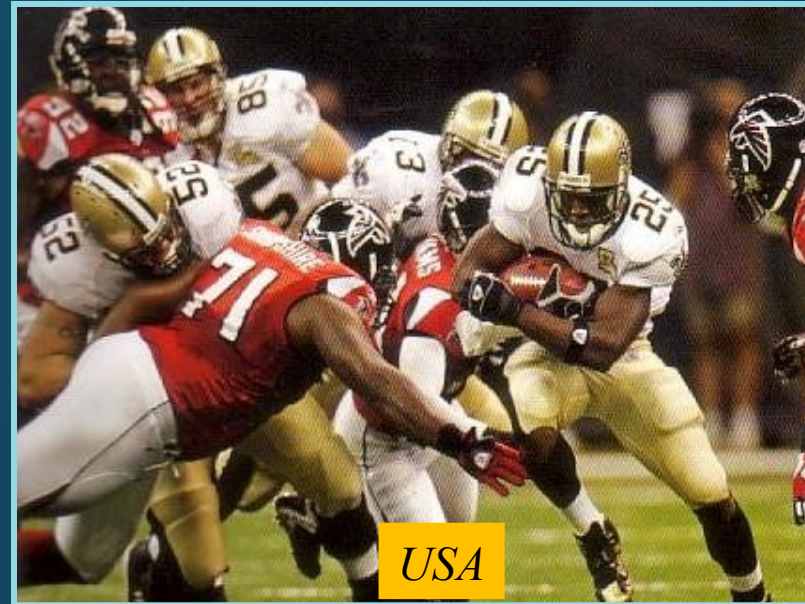
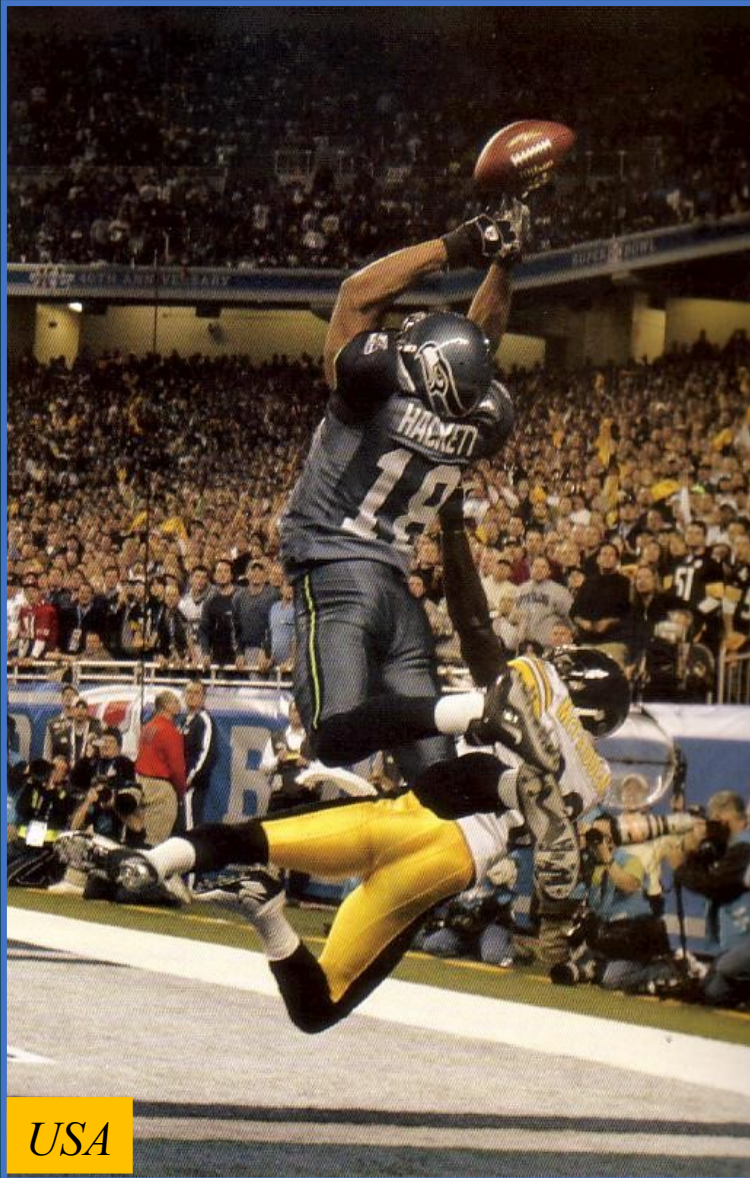
BEISBOL



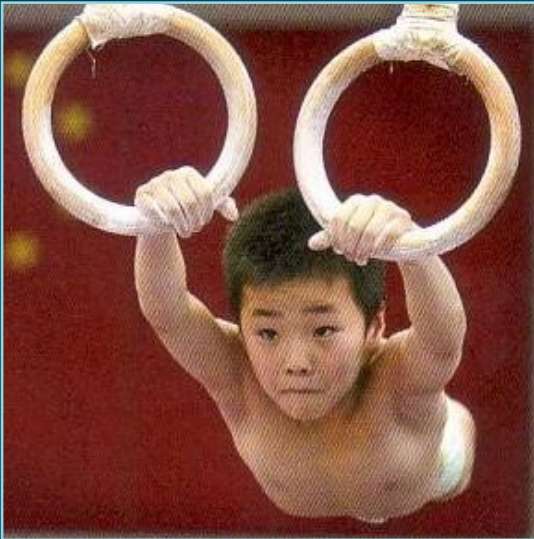


RUGBY

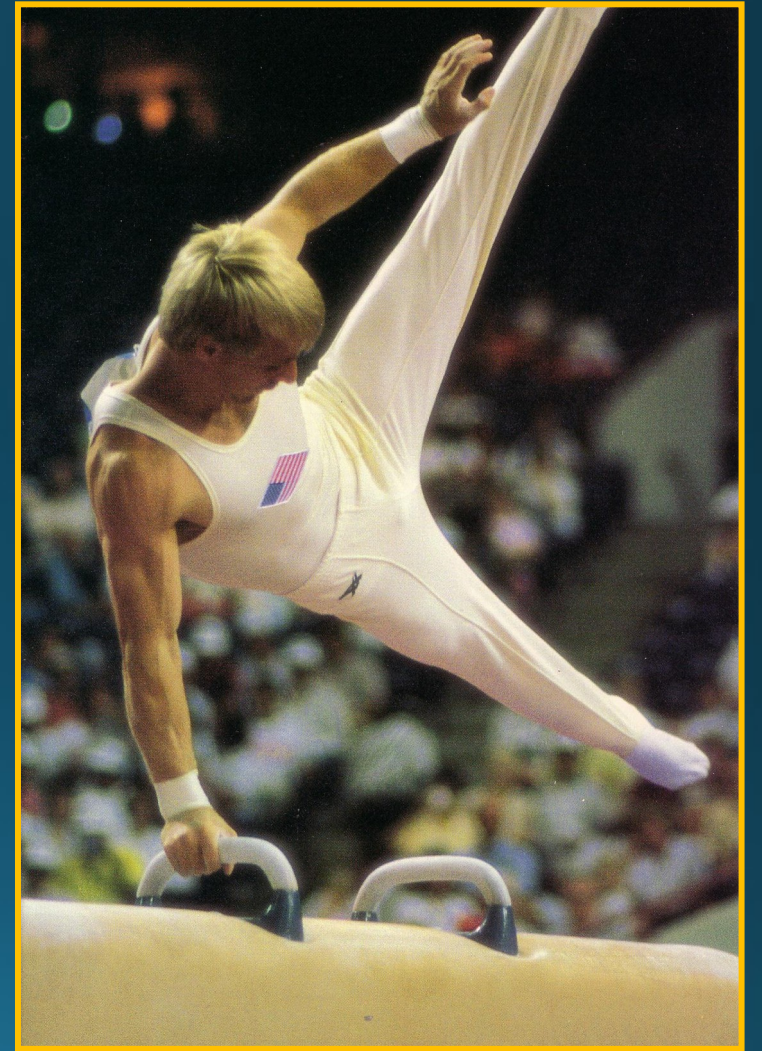
Equipamiento protector adecuado



GIMNASIA



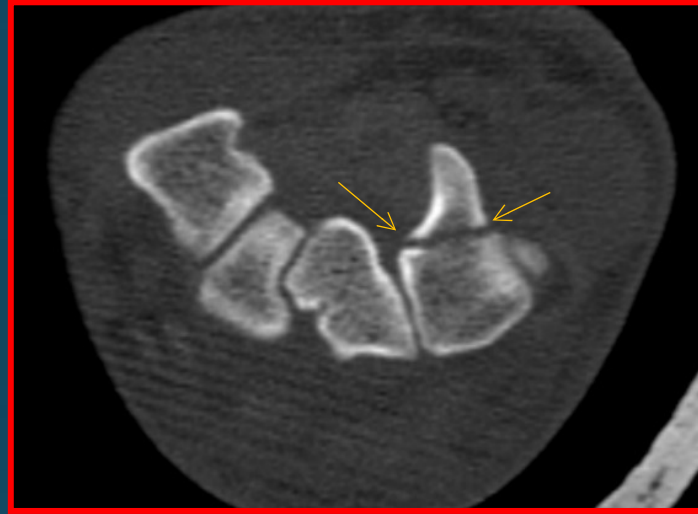
Deporte en edad infantil y juvenil



FRACTURAS y LUXACIONES MÚLTIPLES



Fractura asociada del Escafoides y la apófisis unciforme del H Ganchoso y del Piramidal





CROQUET

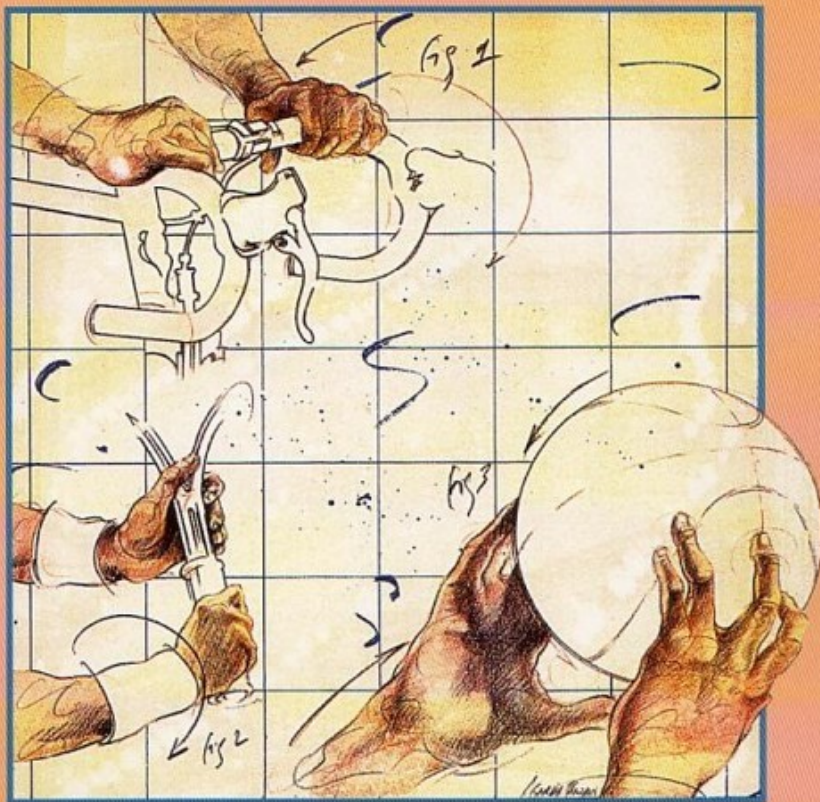


Croquet Players - 1863

LÉSIONS DE LA MAIN CHEZ LE SPORTIF

Caroline LECLERCQ, Alain GILBERT

Préface du Professeur G. Saillant



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Lesiones de la mano y la muñeca

Carlos Irisarri Castro

Editorial PAIDOTRIBO



Más vale prevenir....que lamentar iii



Gracias por su atención

